

thanks



2010/2011 Donor Report



*Phoenix helped me through a difficult time in my life. I now look to a future that is brighter and filled with opportunity...and I owe a lot of that to them!”*

“At 16 years old I found myself on **Phoenix Youth Shelter’s** doorstep. It was a culture shock learning to live with so many other people but it was a welcome change from sleeping on the streets.

From the Shelter I moved to **Phoenix House** while I completed my high school education. After graduating I didn’t feel completely prepared to live on my own so I moved into the **Phoenix Supervised Apartment Program** for a couple of years.

The greatest thing I learned at Phoenix is that I can do anything I set my mind to. The staff would always say this and eventually I started to believe it too. I learned how to trust people and I started to believe in myself. Phoenix got me off the streets and helped give me a positive outlook on life.

With Phoenix’s support and the support of generous donors in the community I am now living independently and studying to be a Red Seal Chef through the Culinary Arts Program at NSCC. One day I dream of opening my own catering company.

Phoenix helped me through a difficult time in my life. I now look to a future that is brighter and filled with opportunity... and I owe a lot of that to them!” — *Eric*



# Helping Youth Rise Above

*A heartfelt thank you to the hundreds of donors, as well as to all three levels of government, for partnering with us to serve the over 1,000 young people who came to us for support this year. Together we are helping youth to rise above!*

*Message from the Executive Director – Timothy Crooks  
& the Chair of Phoenix's Board of Directors – Lydia Bugden*





# thanks

Allyson graduated from high school all the while homeless and struggling with addictions. Since then she has stopped using and has been clean for six years. She moved to Halifax with the hope of making a fresh start.

She arrived in Halifax last winter and found herself challenged to stay warm and to make ends meet. While looking for help she found the Phoenix Learning and Employment Centre (PLEC). The staff at PLEC helped Allyson with her job search. In addition, they informed her of all of the other services and supports that Phoenix offers including the Phoenix Walk-In Centre where she was able to find warm clothes and nutritious food. In Allyson's words, the staff also helped her sort out "the big mess she had made of her life."

For years Allyson has struggled with mental health issues. With the help of Phoenix Health Services she gained the strength to address her health challenges and has since gained some stability in her life. She has learned that it's okay to be afraid and to ask for help.

Allyson shares, "Having Phoenix has made all the difference. Finding people who cared enough to truly listen and to connect me with the supports and resources I needed has meant the world. I am now happy more often than not and enjoy being around others. I now believe that I am not worthless – I am a valuable member of my community."

She now lives in her own place, is optimistic about her future and has rediscovered her love of reading. In the Fall she will be studying at NSCC to become a librarian. She also plans to get involved with teaching literacy programs in the community.

# Community Support

Phoenix's strength as an agency is directly related to those who believe in the potential of all young men and women, regardless of their life circumstances. We are incredibly grateful for the many groups in the community who lend their support to us. Here are four examples:

## The Grocery Foundation Had Fun Filling Grocery Carts

The Grocery Foundation of Atlantic Canada generously donated \$20,000 in support of the **Phoenix Emergency Youth Shelter**, ensuring that hungry kids had access to nutritious food. Their contribution covered approximately 40% of the total grocery budget, equating to approximately 9,300 meals for homeless youth in our community.

## FPS Productions Gives Phoenix a Voice

FPS Productions generously produced an inspiring video that highlights Phoenix youth, their personal stories and the role that Phoenix has played in their lives. The video, entitled 'A Better Life', has helped to educate the broader community about the realities of youth homelessness in Halifax and the help that Phoenix provides.



## Bah Humbug! Not in This Scrooge's Vocabulary

Jeremy Webb, award-winning actor, director, writer and comedian, believes in the importance of helping those less fortunate. For a number of years, including this past year, he held a Christmas Tree collection at all of his performances of 'A Christmas Carol', and donated the proceeds to Phoenix.



"Phoenix has been my charity of choice for years. When I was introduced to the programs and services I could see that the youth were truly benefitting from them.

When I mention Phoenix at the end of a show and ask people to make a donation, the warmth from the public tells me I made the right decision all those years ago."

## The Body Shop is Committed to Healthy Bodies

Phoenix received international recognition for our work along with a \$14,250 donation from the International Body Shop Foundation. The funds helped to provide 128 days of nourishing meals for youth at the **Phoenix Emergency Youth Shelter**. Having access to healthy food is especially important during a time of intense growth for these young people – physically, psychologically and emotionally.

*"Phoenix has been my charity of choice for years. When I was introduced to the programs and services I could see that the youth were truly benefitting from them."* Jeremy Webb



thanks

“When I was sixteen I found myself at **Phoenix House** after a dreary winter. I had been spending a lot of my time self-victimizing and casting myself as a person who was incapable and unworthy of both trust and love. But things changed for me.

The dedication of Phoenix and the people who work here has made a huge impact on my life. Everyone did their part to help me reach my goals, no matter how trivial or silly they may have seemed. To them, those goals were important because they were important to me.

When I was eighteen years old I moved on to the **Phoenix Supervised Apartment Program**. The first thing I noticed was how quiet it was. It was only then that I realized it had been three years since I was in a home – my home – alone. And it felt great.

Phoenix has been by my side throughout my journey, supporting me through life crises, helping me rethink my educational goals and encouraging me when I chose to pursue spiritual and emotional growth. With their continued support I now have my own place and I continue to work towards living a life of independence.” — *Lauren*

## Above & Beyond... a Tribute to Volunteers

Phoenix is blessed to have the support of hundreds of committed volunteers. This past year volunteers contributed **5140 hours** to Phoenix.

Each year we profile a special volunteer from the Phoenix family....this year we honour **Jean Crofts**.

'Above and beyond' is the perfect way to describe Jean, who has actively supported Phoenix for almost twenty years. Her drive, focus and passion are admired by all, including the youth. One of Phoenix's biggest fans, she never misses an opportunity to tell the Phoenix story and to ask others what they can do to help.

"I initially got involved with Phoenix because of the "Homes for Hope" fundraiser project. Homelessness was an ideal project to focus on as a real estate company. We wrote to all the homeless agencies and Phoenix responded. I was so impressed with Phoenix, the programs and services they provide and all of the staff. They do more than just administer programs – they genuinely care about the youth they serve. Wearing one of the "Homes for Hope" pins was



Jean Crofts

such an easy way to promote an awareness of homelessness and Phoenix at the same time.

As my passion for Phoenix grew, I started looking for ways to further my involvement. I joined Phoenix's Board of Directors, was a member of the Celebrity Dreamscape Committee for 4 years, and established and lead the Shelter Auction from 1993 to 2010.

One of my many favorite memories was teaching cooking classes with the youth. It was more than learning how to cook within a budget...the most special moments were the casual discussions that just happened.

While the food cooked we'd get to know each other – our likes, dislikes and where we come from.

Another favorite memory was at Phoenix's Donor Recognition Events – young people would come up to me to say "Thank you for what you do." That's very special.

These are the reasons I've continued my involvement with Phoenix. I have the privilege of getting to know the youth and seeing how Phoenix and all of its family is making a difference in each of their young lives."

*Another favorite memory was at Phoenix's Donor Recognition Events – young people would come up to me to say "Thank you for what you do." That's very special.* Jean Crofts



# thanks

Hailey is a single mother of two – a toddler and a little girl who has a genetic disorder resulting in a developmental delay and the inability to walk. Hailey has found significant support from the **Phoenix Parent Support Program**. She found out about Phoenix through another young mom and credits the program for helping her through some of the roughest patches of her life. Through the program she has learned important skills including age appropriate education and financial management, accessed essential supplies and built a network of support with other young moms facing similar challenges. Together they have learned how they can help one another through sharing their experiences.

“The staff has gone above and beyond to help me. They help me make parenting decisions and consistently offer words of encouragement. Every day they tell me I am a good mom and eventually I started to believe them. They act as a sounding board and help me build up my own confidence. With their support I am now living in a beautiful home that is wheelchair accessible and is on a bus route which is essential as I rely on the public bus system to access supports and services.

Phoenix has made a world of difference in my life. Without their continuous encouragement and support over the last three years, my life would look very different. I constantly work at being a good role model for my children,” says Hailey.

## Phoenix's Signature Events

Many thanks to all of you who attended and supported our two signature fundraising events in 2010. Your contributions helped to raise significant funds in support of Phoenix's programs.

### The Nutcracker Luncheon

A joyous and festive time was had by all as the Nutcracker Luncheon celebrated its 20th anniversary. This event was a big success with over **\$50,000** in funds raised for youth education and outreach programs offered by **Phoenix** and **Symphony Nova Scotia**.

The first Nutcracker Luncheons were held in church basements with as little as 25 people. The event now attracts over 700 people each year. And we're pleased to share that some of the individuals who attended the earlier events still continue to join us each December.

### Celebrity Dreamscape

Celebrity Dreamscape 2010 – “*The Disco Ball*” raised **\$101,000** in support of Phoenix – one of our best years to date! Guests re-lived the dance music of the 70's and enjoyed entertainment by comedian Cathy Jones and singer Dutch Robinson, among many others.

We can't say enough about how much your contributions positively impact the youth at Phoenix. As stated by our Dreamscape youth speaker, Mallory:

*“I feel that I would not be where I am today without the help and support of Phoenix. They do so much for me and other youth. We are lucky to have people who care about us, including the staff and all of you – thank you.”*



*Phoenix youth performing with Symphony Nova Scotia*



*Mallory*

*At any given time, Phoenix is supporting **350** youth in the community*

# Taste of Africa

The Community Development team at the **Phoenix Prevention Program** supported youth from the Mulgrave Park Community in presenting their fundraiser *A Taste of Africa*, an event celebrating African heritage and culture and Halifax's Mulgrave Park Community, in particular.

Youth in Phoenix's After School Program in Mulgrave Park helped to plan, organize and prepare for the event. They did it all...including coordinating the entertainment, preparing and serving the food, planning the décor, sewing costumes for their fashion show and even making African masks that were auctioned off.

While the youth were integral to this event, it was truly a community effort. Many of the parents, alongside Mulgrave Park Community members, pitched in to help, provided support and encouraged the youths' efforts.

The event resulted in strengthened relationships amongst the youth, their parents and the community. Over 200 people were in attendance and the proceeds will be used to enhance Phoenix's Summer Program in Mulgrave Park.



*Celebrating Black History Month  
at Saint Andrew's United Church –  
Taste of Africa 2011*

## A Parent's Perspective

While the focus of Phoenix's work is youth, it is incredibly important to recognize the many families who your support helps each year. One mother shares her experience with the **Phoenix Prevention Program** and the sense of community spirit that it invokes.

"I learned about Phoenix two years ago when one of the community development staff knocked on my door to tell me about what Phoenix was doing in the community, the types of After School Programming they were offering and how my family could get involved. We have been active participants ever since.

For the past two years my daughter has been a junior leader in the after school program. She has learned many new skills

including cooking, sewing, making bracelets and interacting with the teens. There are numerous benefits....The program continues to introduce her to new things. It gets her out of the house and involved in our community. It prevents her from being out on the street. It's truly like a home away from home.

Phoenix encourages the entire family to get involved and to interact with the young people in our community. With Phoenix's support and encouragement we formed a Parent Advisory Board, meeting once a month to discuss what is happening in the program – currently and into the future. I volunteered to be on the Parent Advisory Board because I like to be an active member in my community."

*We help youth between the ages of 12 and 24*



## St. Paul's Home – *Thank you!*



We can never say “Thank you” enough to St. Paul’s Home for their tremendous support. Every day they are helping to transform young lives. St. Paul’s Home was one of the founding members of Phoenix and donated the use of Phoenix House, our first program facility almost 25 years ago.

The value of their investment, contribution, and support is truly priceless. As Phoenix expanded its programs and services, St. Paul’s Home was there every step of the way. They now provide the facilities that house four of our programs: **Phoenix House** (1987), the **Phoenix Walk-In Centre** (1994), the **Phoenix Emergency Youth Shelter** (2001), and a house for the **Phoenix Supervised Apartment Program** (2007).

Their contributions are not limited to the buildings, though. Each year they also support other initiatives taking place at Phoenix.

They give shelter to young people so that, together, we can help them move towards self-sufficiency. Sincere thanks to our long-time friends at St. Paul’s Home.

“For over 140 years, the mandate of St. Paul’s Home has been to provide for ‘the welfare ... of children and young adults in need’. Through our support of Phoenix, we are pleased and privileged to carry on that tradition” shares Bill Lord, President, St. Paul’s Home.

*For over 140 years, the mandate of St. Paul’s Home has been to provide for the welfare ... of children and young adults in need.*

# Fund Development Report

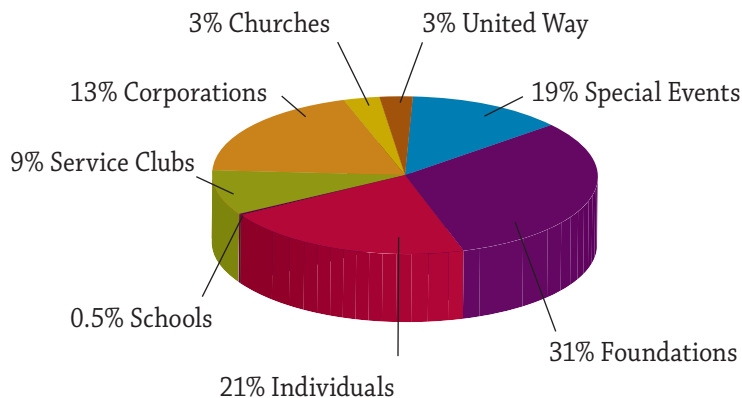
More than 1,100 friends supported Phoenix during our 2010/2011 fiscal year. Thanks to the generous support that we continue to receive from people like you, we are proud to share that Phoenix raised the most funds ever this past fiscal year.

We are also grateful for the support that we continue to receive from the Halifax Regional Municipality, the Province of Nova Scotia and the Government of Canada, all of whom have been integral partners since our inception.

In order to continue providing our current level of programming, our fundraising goal has increased by 18% in the year ahead. We hope we can continue to count on your support.

**If you are interested in receiving Phoenix's audited financial statements, please contact us and we would be pleased to send you a copy.**

Outlined below is a breakdown of the various private sector sources from whom we received funding in the 2010/11 fiscal year.



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